

Skate New Zealand

Artistic Requirements **2022**

Please refer to this for information on category names, requirements, elements, age groups and skating calendar year.

WORLD SKATE CATEGORY AGES	
Tots	8 and 9 years old
Minis	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old (12+ on application)
Senior	19 years old and over (12+ on application)

NZ DOMESTIC: REGIONALS ONLY AGE GRADES	
New Entrants	Under 8 years old
Novice 1 and 2 Novice Solo Freedance	8 to 14 years old 8 years old and over
Adult 1 and 2	15 years old and over
NZ NATIONAL CATEGORY: AGE GRADES	
Preliminary	10 years old and over
Intermediate	15 years old and over
Open	15 years old and over
Masters	25 years old and over (NZ) 30 years old and over (Oceania)
Advanced Masters	21 years old and over (NZ) 30 years old and over (Oceania)
NZ NATIONAL CATEGORY: LOOPS ONLY	
Primary Loops	8 to 11 years old
Preliminary Loops	12 years old and over
Advanced Loops	14 years old and over

Note: The age in the list above refers to the age the skater is turning in the year of the competition (that is, in the calendar year being; 1st of January through to and including the 31st of December).

We are aligning ourselves with the international rules from World Skate on Page 6 of the World Skate Official Regulation Artistic - General 2022 Rule Book found on their website;
<http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html>

World Skate rules:

To be eligible to compete in any category, a skater who has competed in the previous year in a higher category **MUST** not compete in a lower one after that. In New Zealand the exceptions would be; Advanced Masters and Masters.

Updates for the 2022 skating year are in **RED**

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FIGURES

REGIONAL ONLY FIGURE GRADES

NEW ENTRANTS FIGURES

No Medal Test Requirement

Under 8 years old

2 circuits per figure

Group 1

- 1 RFO – LFO Eight
- 111a RFO – LFO Change Eight

Note: A rolling start will be accepted. Maximum of 3 steps prior to strike zone on initial strike.

NOVICE 1 FIGURES

No Medal Test Requirement

8 years old to 14 years old

2 circuits per figure

Group 1

- 1 RFO – LFO Eight
- 1a RFOI – LFOI Half Eight
- 2 RFI – LFI Eight

NOVICE 2 FIGURES

No Medal Test Requirement

8 years old to 14 years old

2 circuits per figure

Group 1

- 3 RBO – LBO Eight
- 5a/b FOI – FIO Change Eight
- 7 RFO – LFO Threes

ADULT 1 FIGURES

No Medal Test Requirement

15 years old and over

2 circuits per figure

Group 1

- 1 RFO – LFO Eight
- 1a RFOI – LFOI Half Eight
- 111a RFO – LFO Change Eight

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

ADULT 2 FIGURES

15 years old and over

No Medal Test Requirement

2 circuits per figure

Group 1

3	RBO – LBO Eight
5a/b	FOI – FIO Change Eight
7	RFO – LFO Threes

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

FIGURE GRADES – NATIONAL AND INTERNATIONAL GRADES

TOTS FIGURES

8 and 9 years old

3 circuits per figure

Group 1

1a/b FO - FO Eight
4a/b BI - BI Eight

Medal Test Requirement

2022: Figure Medal #1 (NZ Championships)

Group 2

2a/b FI - FI Eight
3a/b BO - BO Eight

MINIS FIGURES

10 and 11 years old

3 circuits per figure

Group 1

8a/b FO - BI Threes
11 RFI - LFI Double Threes
14 RFO - LFO Loops

Medal Test Requirement

2022: Figure Medal #2 (NZ Championships)

Group 2

9a/b FI - BO Threes
10 RFO - LFO Double Threes
14 RFO - LFO Loops

ESPOIR FIGURES

12 and 13 years old

3 circuits per figure/loop

Group 1

19a/b FI - BO Brackets
22a/b FO - BO Counter
30a/b FOI - FIO Change Loops

Medal Test Requirement

2022: Figure Medal #3 (NZ Championships)

Group 2

18a/b FO - BI Brackets
28a/b FOI - FIO Change Double Threes
15 RFI - LFI Loops

Group 3

13 RBI - LBI Double Threes
19a/b FI - BO Brackets
30a/b FOI - FIO Change Loops

PRELIMINARY FIGURES

10 years old and over

2 circuits per figure

Group 1

3a/b BO - BO Eight
8a/b FO - BI Threes
11 RFI - LFI Double Threes

Medal Test Requirement

2022: Figure Medal #2 (NZ Championships)

Group 2

4a/b BI - BI Eight
9a/b FI - BO Threes
10 RFO - LFO Double Threes

INTERMEDIATE FIGURES

15 years old and over

2 circuits per figure**Group 1**

10 RFO - LFO Double Threes
 19a/b FI - BO Brackets
 26a/b FOI - BOI Change Threes

Medal Test Requirement**2022:** Figure Medal #2 (NZ Championships)**Group 2**

11 RFI - LFI Double Threes
 18a/b FO - BI Brackets
 27a/b FIO - BIO Change Threes

OPEN FIGURES

15 years old and over

2 circuits per figure**Group 1**

22a/b FO - BO Counters
 12a RBO - LBO Double Threes
 32a/b FOI - BOI Change Brackets

Medal Test Requirement**2022:** Figure Medal #3 (NZ Championships)**Group 2**

21a/b FI - BI Rockers
 28a/b FOI - FIO Change Double Threes
 33a/b FIO - BIO Change Brackets

CADET FIGURES

14 and 15 years old

3 circuits per figure/loop**Group 1**

13 RBI - LBI Double Threes
 19a/b FI - BO Brackets
 15 RFI - LFI Loops
 20a/b FO - BO Rockers

Medal Test Requirement**2022:** Figure Medal #3 (NZ Championships)**2022:** Figure Medal #5 (Oceania)**Group 2**

18a/b FO - BI Brackets
 21a/b FI - BI Rockers
 30a/b FOI - FIO Change Loops
 28a/b FOI - FIO Change Double Threes

Group 3

19a/b FI - BO Brackets
 22a/b FO - BO Counters
 16 RBO - LBO Loops
 28a/b FOI - FIO Change Double Threes

Group 4

13 RBI - LBI Double Threes
 18a/b FO - BI Brackets
 30a/b FOI - FIO Change Loops
 23a/b FI - BI Counters

YOUTH FIGURES

16 years old

3 circuits per figure/loop**2 circuits per paragraph figure****Group 1**

20a/b FO - BO Rockers
 33a/b FIO - BIO Change Brackets
 16 RBO - LBO Loops
 36a/b FO - FI Paragraph Double Threes

Medal Test Requirement**2022:** Figure Medal #4 (NZ Championships)**2022:** Figure Medal #6 (Oceania)**Group 2**

21a/b FI - BI Rockers
 32a/b FOI - BOI Change Brackets
 17 RBI - LBI Loops
 29a/b BOI - BIO Change Double Threes

Group 3

22a/b FO - BO Counters
 33a/b FIO - BIO Change Brackets
 17 RBI - LBI Loops
 36a/b FO - FI Paragraph Double Threes

Group 4

23a/b FI - BI Counters
 32a/b FOI - BOI Change Brackets
 30a/b FOI - FIO Change Loops
 29a/b BOI - BIO Change Double Threes

JUNIOR FIGURES

17 and 18 years old

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Circuits per figure as indicated

Group 1

- 42a/b Forward Outside Counter combined with Bracket and Inside Counter (3 Circuits)
- 38a/b Forward Outside Paragraph Loops (3 Circuits)
- 36a/b Forward Outside Paragraph Double Threes (2 Circuits)

Group 2

- 43a/b Forward Outside Rocker combined with Outside Double Threes (3 Circuits)
- 31a/b Backward Outside Change Loops (3 Circuits)
- 40a/b Forward Outside Paragraph Brackets (2 Circuits)

Group 3

- 44a/b Forward Inside Rocker combined with Inside Double Threes (3 Circuits)
- 38a/b Forward Outside Paragraph Loops (3 Circuits)
- 40a/b Forward Outside Paragraph Brackets (2 Circuits)

Group 4

- 45a/b Backward Outside Counter combined with Bracket and Inside Counter (3 Circuits)
- 31a/b Backward Outside Change Loops (3 Circuits)
- 37a/b Backward Outside Paragraph Double Threes (2 Circuits)

Medal Test Requirement

2022: Figure Medal #4 (NZ Championships)

2022: Figure Medal #6 (Oceania)

2022: Figure Medal #7 (International)

SENIOR FIGURES

19 years old and over

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Circuits per figure as indicated

Group 1

- 46a/b Forward Outside Double Threes combined with Outside Rocker and Backward Double Threes Paragraph (2 circuits)
- 39a/b Backward Outside Paragraph Loops (3 circuits)
- 47a/b Forward Outside Bracket combined with Inside Counter and Backward Bracket Paragraph (2 circuits)

Group 2

- 48a/b Backward Double Threes combined with Outside Rocker and Forward Double Threes Paragraph (2 circuits)
- 38a/b Forward Outside Paragraph Loops (3 circuits)
- 49a/b Backward Outside Bracket combined with Inside Counter and Forward Bracket Paragraph (2 circuits)

Group 3

- 50a/b Forward Double Threes combined with Outside Counter and Backward Double Threes Paragraph (2 circuits)
- 39a/b Backward Outside Paragraph Loops (3 circuits)
- 51a/b Forward Outside Bracket combined with Inside Rocker and Backward Bracket Paragraph (2 circuits)

Group 4

- 52a/b Backward Outside Double Threes combined with Outside Counter and Forward Double Threes Paragraph (2 circuits)
- 38a/b Forward Outside Paragraph Loops (3 circuits)
- 53a/b Backward Outside Bracket combined with Inside Rocker and Forward Bracket Paragraph (2 circuits)

Medal Test Requirement

2022: Figure Medal #5 (NZ Championships)

2022: Figure Medal #7 (Oceania)

2022: Figure Medal #8 (International)

ADVANCED MASTERS FIGURES

21 years old and over – NZ

30 years old and over – Oceanias

Medal Test Requirement**2022:** Figure Medal #2 (NZ Championships)**2022:** Figure Medal #3 (Oceanias)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

3 circuits per figure**Group 1**

3a/b BO - BO Eight

5a/b FOI - FIO Change Eight

9a/b FI - BO Threes

Group 2

5a/b FOI - FIO Change Eight

7a/b FO - FO Three

9a/b FI - BO Threes

MASTERS FIGURES

25 years old and over – NZ

30 years old and over – Oceanias

Medal Test Requirement**2022:** Figure Medal #1 (NZ Championships)**2022:** Figure Medal #2 (Oceanias)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

3 circuits per figure**Group 1**

1 RFO - LFO Eight

2a/b FIO - FIO Half Eight

5a/b FOI - FIO Change Eight

Group 2

1a/b FOI - FOI Half Eight

2 RFI - LFI Eight

5a/b FOI - FIO Change Eight

For diagrams and video presentations of the new figures, please see the World Skate website.

<http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html>

Please refer to this regularly due to World Skate updates.

LOOP GRADES

Loop events shall consist of any skaters who are NOT skating Senior Figures in that year.

PRIMARY LOOPS

8 years old to 11 years old

Medal Test Requirement

2022: Figure Medal #3 (NZ Championships)

2 circuits per loop

Group 1

14 RFO – LFO Loops
 15 RFI – LFI Loops
 30a/b FOI – FIO Change Loops

PRELIMINARY LOOPS

12 years old and over

Medal Test Requirement

2022: Figure Medal #3 (NZ Championships)

2 circuits per loop

Group 1

14 RFO – LFO Loops
 15 RFI – LFI Loops
 30a/b FOI – FIO Change Loops

ADVANCED LOOPS

14 years old and over

Medal Test Requirement

2022: Figure Medal #5 (NZ Championships)

2 circuits per loop

Group 1

16 RBO – LBO Loops
 31a/b BOI – BIO Change Loops
 38a/b FO – FI Paragraph Loops

Group 2

17 RBI – LBI Loops
 31a/b BOI – BIO Change Loops
 38a/b FO – FI Paragraph Loops

Note: Skaters competing in Youth and Junior Grades may also skate Advanced Loops only.

SOLO DANCE

Worldskate requirements online

<http://www.worldskate.org/artistic/about/regulations/category/809-compulsory-dances-and-musics-2022.html>

REGIONALS ONLY COMPULSORY SOLO DANCE GRADES

NEW ENTRANTS SOLO DANCE Under 8 years old Mapped to Minis No Medal Test Requirement	Waltz Sequence	Tempo: 120 Waltz	(2 sequences)
NOVICE 1 SOLO DANCE 8 years old to 14 years old Mapped to Minis No Medal Test Requirement	Waltz Sequence March Sequence	Tempo: 120 Waltz Tempo: 100 March	(2 sequences) (4 sequences)
NOVICE 2 SOLO DANCE 8 years old to 14 years old Mapped to Minis No Medal Test Requirement	Carlos Tango Skaters March	Tempo: 96 Tango Tempo: 100 March	(4 sequences) (4 sequences)
ADULT 1 SOLO DANCE 15 years old and over Mapped to Minis No Medal Test Requirement	Waltz Sequence March Sequence	Tempo: 120 Waltz Tempo: 100 March	(2 sequences) (4 sequences)
ADULT 2 SOLO DANCE 15 years old and over Mapped to Minis No Medal Test Requirement	Carlos Tango Skaters March	Tempo: 96 Tango Tempo: 100 March	(4 sequences) (4 sequences)

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships are NOT eligible for the above Adult grades

REGIONAL ONLY SOLO FREEDANCE GRADES

NOVICE SOLO FREEDANCE Time: 2:00 minutes +/- 10 seconds
 8 years old and over
 Mapped to Minis
No Medal Test Requirement

Requirements:

Footwork sequence - Maximum Level 1*, maximum 40 seconds

The seven (7) steps and turns that will be counted towards the level are: Inside Three Turn, Outside Three Turn, Cross in front, Open Mohawk, Travelling, Forward to Backward Closed Mohawk and Choctaw (forward to backward). To achieve a Level 1, four (4) turns or steps MUST be confirmed and each type can only be counted twice.

Travelling - Maximum Level 2, maximum 10 seconds

Choreo Sequence - Maximum 30 seconds

*There is no limit to the number of features attempted, however no features are required to be confirmed to achieve the Level 1.

COMPULSORY SOLO DANCE GRADES - NATIONAL AND INTERNATIONAL GRADES

TOTS SOLO DANCE

8 and 9 years old

Mapped to Minis

Medal Test Requirement

2022: Solo Dance Medal #1 (NZ Championships)

Denver Shuffle

La Vista Cha Cha

Tempo: 100 Polka

Tempo: 108 Cha Cha

(4 sequences)

(4 sequences)

PRELIMINARY SOLO DANCE

10 years old and over

Mapped to Minis/Espoir

Medal Test Requirement

2022: Solo Dance Medal #2 (NZ Championships)

Manhattan Blues

La Vista Cha Cha

Tempo: 92 Blues

Tempo: 108 Cha Cha

(4 sequences)

(4 sequences)

INTERMEDIATE SOLO DANCE

15 years old and over

Mapped to Minis/Espoir

Medal Test Requirement:

2022: Solo Dance Medal #2 (NZ Championships)

Kinder Waltz

Werner Tango

Tempo: 120 Waltz

Tempo: 100 Tango

(4 sequences)

(4 sequences)

OPEN SOLO DANCE

15 years old and over

Mapped to Cadet/Youth

Medal Test Requirement

2022: Solo Dance Medal #3 (NZ Championships)

Association Waltz

Imperial Tango

Tempo: 132 Waltz

Tempo: 104 Tango

(2 sequences)

(4 sequences)

ADVANCED MASTERS SOLO DANCE

21 years old and over - NZ

30 years old and over - Oceanias

Mapped to Espoir

Medal Test Requirement

2022: Solo Dance Medal #2 (NZ Championships)

2022: Solo Dance Medal #3 (Oceanias)

Manhattan Blues

Werner Tango

Tempo: 92 Blues

Tempo: 100 Tango

(4 sequences)

(4 sequences)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Advanced Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

MASTERS SOLO DANCE

25 years old and over - NZ
30 years old and over - Oceania
Mapped to Minis

Medal Test Requirement

2022: Solo Dance Medal #1 (NZ Championships)

2022: Solo Dance Medal #2 (Oceania)

Denver Shuffle Tempo: 100 Polka (4 sequences)
La Vista Cha Cha Tempo: 108 Cha Cha (4 sequences)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

MASTERS SOLO FREEDANCE

Time: 2:30 minutes +/- 10 seconds

21 years old and over - NZ
30 years old and over - Oceania
Mapped to Espoir

Medal Test Requirement

2022: Solo Dance Medal #2

(NZ Championship)

2022: Solo Dance Medal #3 (Oceania)

Requirements:

Footwork Sequence - Maximum Level 2, maximum 30 seconds

Artistic Footwork Sequence - Maximum Level 2, maximum 30 seconds

Travelling - Maximum Level 2

Choreo Sequence - Yes

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

Masters and Advanced Masters Skaters are expected to focus on QOE scores rather than level achievements.

**MASTERS SOLO
STYLE DANCE**

Time: 2:00 minutes +/- 10 seconds

25 years old and over - NZ
30 years old and over - Oceania
Mapped to Junior

Medal Test Requirement

2022: Solo Dance Medal #1

(NZ Championships)

2022: Solo Dance Medal #2 (Oceania)

Requirements:

Theme: Latin Medley - Mambo, Salsa, Merengue, Bachata, Bossa Nova, Batucada, Cha Cha, Samba, Rumba

Compulsory Dance/Pattern Dance: La Vista Cha Cha
(108 Cha Cha)

Footwork sequence - Maximum Level 1*, maximum 40 seconds

The seven (7) steps and turns that may be counted towards the level are; Inside Three Turn, Outside Three Turn, Cross in front, Open Mohawk, Travelling, Forward to Backward Closed Mohawk and Choctaw (forward to backward).**

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

Masters and Advanced Masters Skaters are expected to focus on QOE scores rather than level achievements.

*There is no limit to the number of features attempted, however no features are required to be confirmed to achieve the Level 1.

**To achieve a Level 1, four (4) turns or steps MUST be confirmed and each type can only be counted twice.

SOLO FREEDANCE GRADES

PRELIMINARY SOLO FREEDANCE

10 years old and over
Mapped to Espoir

Medal Test Requirement

2022: Solo Dance Medal #2 (NZ Championships)

Time: 2:30 minutes +/- 10 seconds

Note: This event is separate to the Preliminary Compulsory Dance event

2022 PRELIMINARY SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

INTERMEDIATE SOLO FREEDANCE

15 years old and over
Mapped to Espoir

Medal Test Requirement

2022: Solo Dance Medal #2 (NZ Championships)

Time: 2:30 minutes +/- 10 seconds

Note: This event is separate to the Intermediate Compulsory Dance event

2022 INTERMEDIATE SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

OPEN SOLO FREEDANCE

15 years old and over
Mapped to Cadet

Medal Test Requirement

2022: Solo Dance Medal #3 (NZ Championships)

Time: 3:00 minutes +/- 10 seconds

Note: This event is separate from the Open Compulsory Dance event.

2022 OPEN SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3	Yes	Yes Maximum Level 3 Maximum 20 seconds

SOLO DANCE - COMBINED EVENTS

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2022. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2022.

MINIS SOLO DANCE

10 and 11 years old

Mini Solo Dance is composed of both Compulsory and Freedance events. Skaters MUST skate in both events.

Medal Test Requirement

2022: Solo Dance Medal #2 (NZ Championships)

COMPULSORY DANCES

Denver Shuffle

Tempo: 100 Polka

(4 sequences)

La Vista Cha Cha

Tempo: 108 Cha Cha

(4 sequences)

FREEDANCE

Time: 2:15 minutes +/- 10 seconds

2022 MINIS SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1	Yes

ESPOIR SOLO DANCE

12 and 13 years old

Esplor Solo Dance is composed of both Compulsory and Freedance events. Skaters MUST skate in both events.

Medal Test Requirement

2022: Solo Dance Medal #3 (NZ Championships)

COMPULSORY DANCES

Manhattan Blues

Tempo: 92 Blues

(4 sequences)

Werner Tango

Tempo: 100 Tango

(4 sequences)

FREEDANCE

Time: 2:30 minutes +/- 10 seconds

2022 ESPOIR SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence
Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

CADET SOLO DANCE

14 and 15 years old

Cadet Solo Dance is composed of both Compulsory and Freedance events. Skaters MUST skate in both events.

Medal Test Requirement

2022: Solo Dance Medal #3 (NZ Championships)

2022: Solo Dance Medal #5 (Oceania)

COMPULSORY DANCES

Tudor Waltz*

Tempo: 138 Waltz*

(4 sequences)

Imperial Tango

Tempo: 104 Tango

(4 sequences)

*Note modified pattern
and tempo for 2022

FREEDANCE

Time: 3:00 minutes +/- 10 seconds

2022 CADET SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3	Yes	Yes Maximum Level 3 Maximum 20 seconds

YOUTH SOLO DANCE

16 years old

Youth Solo Dance is composed of both Compulsory and Freedance events. Skaters **MUST** skate in both events.

Medal Test Requirement**2022:** Solo Dance Medal #4 (NZ Championships)**2022:** Solo Dance Medal #6 (Oceania)**COMPULSORY DANCES****Bachata**

Tempo: 112 Bachata

(4 sequences)

Association Waltz

Tempo: 132 Waltz

(2 sequences)

FREEDANCE**Time:** 3:15 minutes +/- 10 seconds**2022 YOUTH SOLO FREEDANCE REQUIREMENTS**

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum 40 seconds	Yes Maximum 40 seconds	Yes	Yes	Yes Maximum 20 seconds

JUNIOR SOLO DANCE

17 and 18 years old

Junior Solo Dance is composed of both Style Dance and Freedance events. Skaters **MUST** skate in both events.

Medal Test Requirement**2022:** Solo Dance Medal #4 (NZ Championships)**2022:** Solo Dance Medal #6 (Oceania)**2022:** Solo Dance Medal #7 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition, will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

STYLE DANCE**Time:** 2:50 minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two (2) different music selections for the same rhythm.

One of the selected rhythms **MUST** be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2022 JUNIOR SOLO STYLE DANCE REQUIREMENTS**Theme:** **Swing Medley: Foxtrot, Quickstep, Swing, Charleston, Lindy Hop****Compulsory Dance/Pattern Dance:** **Rocker Foxtrot - 1 sequence****Tempo:** 104 Foxtrot (**NOTE: modified pattern 2022**)

Artistic Footwork Sequence	Travelling	Cluster
Yes Maximum 40 seconds	Yes	Yes Maximum 20 seconds

FREEDANCE**Time:** 3:30 minutes +/- 10 seconds**2022 JUNIOR SOLO FREEDANCE REQUIREMENTS**

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum 40 seconds	Yes Maximum 40 seconds	Yes	Yes	Yes Maximum 20 seconds

SENIOR SOLO DANCE

19 years old and over

Senior Solo Dance is composed of both Style Dance and Freedance events. Skaters **MUST** skate in both events.

Medal Test Requirement

2022: Solo Dance Medal #5 (NZ Championships)

2022: Solo Dance Medal #7 (Oceania)

2022: Solo Dance Medal #8 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

STYLE DANCE

Time: 2:50 minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two (2) different music selections for the same rhythm.

One of the selected rhythms **MUST** be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2022 SENIOR SOLO STYLE DANCE REQUIREMENTS

Theme: Modern Medley - Disco, Pop, Dance, Hip Hop, Soul, Rap, Techno, House, Hard Rock

Compulsory Dance/Pattern Dance: Rhythm Roll - Section 1

Tempo: 104bpm (This dance can be skated to any rhythm in the Modern Medley group.)

Artistic Footwork Sequence	Travelling	Cluster
Yes Maximum 40 seconds	Yes	Yes Maximum 20 seconds

FREEDANCE

Time: 3:30 minutes +/- 10 seconds

2022 SENIOR SOLO FREEDANCE REQUIREMENTS

Footwork Sequence	Artistic Footwork Sequence	Travelling	Choreo Sequence	Cluster
Yes Maximum 40 seconds	Yes Maximum 40 seconds	Yes	Yes	Yes Maximum 20 seconds

COUPLES DANCE

REGIONALS ONLY COUPLES COMPULSORY DANCE GRADES

NOVICE COUPLES DANCE

8 years old and over

Mapped to Minis

No Medal Test Requirement

Waltz Sequence

March Sequence

Tempo: 120 Waltz

Tempo: 100 March

(2 sequences)

(4 sequences)

ADULT COUPLES DANCE

15 years old and over

Mapped to Minis

No Medal Test Requirement

Carlos Tango

City Blues

Tempo: 96 Tango

Tempo: 88 Blues

(4 sequences)

(4 sequences)

Skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

COUPLES DANCE - COMBINED

NATIONAL AND INTERNATIONAL GRADES

MINIS COUPLES DANCE

10 and 11 years old

Denver Shuffle
La Vista Cha Cha

Tempo: 100 Polka (4 sequences)
Tempo: 108 Cha Cha (4 sequences)

Medal Test Requirement

2022: Dance Couples Medal #2 (NZ Championships)

FREEDANCE

Time: 2:30 minutes +/- 10 seconds

2022 MINIS COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift
Yes Maximum Level 1 Maximum 40 seconds	Yes Maximum Level 1 Maximum 30 seconds	Yes Maximum Level 1	Yes

ESPOIR COUPLES DANCE

12 and 13 years old

Manhattan Blues
Werner Tango

Tempo: 92 Blues (4 sequences)
Tempo: 100 Tango (4 sequences)

Medal Test Requirement

2022: Dance Couples Medal #3 (NZ Championships)

FREEDANCE

Time: 3:00 minutes +/- 10 seconds

2022 ESPOIR COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Combo Lift	Stationary Lift
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 2	Yes Maximum Level 2

CADET COUPLES DANCE

14 and 15 years old

Tudor Waltz*
Princeton Polka

Tempo: 138 Waltz* (4 sequences)
Tempo: 100 Polka (4 sequences)

Medal Test Requirement

2022: Dance Couples Medal #3 (NZ Championships)

2022: Dance Couples Medal #5 (Oceania)

*Note modified pattern
and tempo for 2022

FREEDANCE

Time: 3:15 minutes +/- 10 seconds

2022 CADET COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Combo Lift
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3	Yes	Yes Maximum Level 3	Yes Maximum Level 3

YOUTH COUPLES DANCE

16 years old

Keats Foxtrot (Double)* Tempo: 96 Foxtrot (4 sequences)
Bachata Tempo: 112 Bachata (4 sequences)

Medal Test Requirement**2022:** Dance Couples Medal #4 (NZ Championships)**2022:** Dance Couples Medal #6 (Oceania)

*Note: Modified pattern for 2022

FREEDANCE**Time:** 3:30 minutes +/- 10 seconds**2022 YOUTH COUPLES FREEDANCE REQUIREMENTS**

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Cluster	Choreo Lift	Rotational Lift	Stationary Lift
Yes Maximum Level 4 Maximum 50 seconds	Yes Maximum Level 4 Maximum 40 seconds	Yes - Hold Maximum Level 3 Maximum 20 seconds	Yes	Yes	Yes

JUNIOR COUPLES DANCE

17 and 18 years old

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Medal Test Requirement**2022:** Dance Couples Medal #4 (NZ Championships)**2022:** Dance Couples Medal #6 (Oceania)**2022:** Dance Couples Medal #7 (International)**STYLE DANCE****Time:** 3:00 minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two (2) different music selections for the same rhythm.

One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2022 JUNIOR COUPLES STYLE DANCE REQUIREMENTSTheme: **Musical - Operetta Medley**Compulsory Dance/Pattern Dance: **Viennese Waltz - Section 1****Tempo:** 138 Waltz

No Hold Footwork Sequence	Combo Lift	Cluster
Yes Maximum 50 seconds	Yes	Yes - Hold Maximum 20 seconds

FREEDANCE**Time:** 3:50 minutes +/- 10 seconds**2022 JUNIOR COUPLES FREEDANCE REQUIREMENTS**

Hold Footwork Sequence	One Partner Footwork	Travelling	Choreo Lift	Stationary Lift	Rotational Lift	Cluster
Yes Maximum 50 seconds	Yes Maximum 20 seconds	Yes Synchro	Yes	Yes	Yes	Yes - No Hold Maximum 20 seconds

SENIOR COUPLES DANCE

19 years old and over

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (i.e. have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

Medal Test Requirement

2022: Dance Couples Medal #5 (NZ Championships)

2022: Dance Couples Medal #7 (Oceania)

2022: Dance Couples Medal #8 (International)

STYLE DANCE

Time: 3:00 minutes +/- 10 seconds

The selection of rhythms used is a minimum of two (2) and a maximum of three (3) different rhythms.

The choice of two (2) rhythms may include the use of two (2) different music selections for the same rhythm, however, this may only be done for one (1) of the selected rhythms. The choice of three (3) different rhythms may NOT include the use of two (2) different music selections for the same rhythm.

One of the selected rhythms MUST be the rhythm required for the Pattern Dance Sequence.

During the Pattern Dance Sequence, a change of music selection is NOT permitted.

2022 SENIOR COUPLES STYLE DANCE REQUIREMENTS

Theme: Musical - Operetta Medley

Compulsory Dance/Pattern Dance: Starlight Waltz - Steps 20-34

Tempo: 168 Waltz (NOTE: modified pattern 2022)

No Hold Footwork Sequence	Combo Lift	Cluster
Yes Maximum 50 seconds	Yes	Yes - Hold Maximum 20 seconds

FREEDANCE

Time: 3:50 minutes +/- 10 seconds

2022 SENIOR COUPLES FREEDANCE REQUIREMENTS

Hold Footwork Sequence	One Partner Footwork	Travelling	Choreo Lift	Stationary Lift	Rotational Lift	Cluster
Yes Maximum 50 seconds	Yes	Yes	Yes	Yes	Yes	Yes - No Hold Maximum 20 seconds

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules for Artistic Skating Competitions Manuals 2022](#). For compulsory dance patterns and specifications, refer to the [World Skate Artistic Dance Book 2022](#).

COUPLES DANCE – COMPULSORY DANCE AND FREEDANCE GRADES

Note: These are all separate events

PRELIMINARY COUPLES COMPULSORY DANCE

Denver Shuffle Tempo: 100 Polka (4 sequences)
La Vista Cha Cha Tempo: 108 Cha Cha (4 sequences)

10 years old and over

Mapped to Minis

Medal Test Requirement

2022: Dance Couples Medal #2 (NZ Championships)

PRELIMINARY COUPLES FREEDANCE

Time: 2:30 minutes +/- 10 seconds

10 years old and over

Mapped to Espoir/Minis

Medal Test Requirement

2022: Dance Couples Medal #2 (NZ Championships)

2022 PRELIMINARY COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

INTERMEDIATE COUPLES COMPULSORY DANCE

Little Waltz (couples) Tempo: 132 Waltz (4 sequences)
Canasta Tango Tempo: 100 Tango (4 sequences)

15 years old and over

Mapped to Minis

Medal Test Requirement

2022: Dance Couples Medal #2 (NZ Championships)

INTERMEDIATE COUPLES FREEDANCE

Time: 2:30 minutes +/- 10 seconds

15 years old and over

Mapped to Minis

Medal Test Requirement

2022: Dance Couples Medal #2 (NZ Championships)

2022 INTERMEDIATE COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes

OPEN COUPLES COMPULSORY DANCE

15 years old and over

Mapped to Cadet/Youth

Medal Test Requirement

2022: Dance Couples Medal #3 (NZ Championships)

Association Waltz
Imperial Tango

Tempo: 132 Waltz (2 sequences)
Tempo: 104 Tango (4 sequences)

OPEN COUPLES FREEDANCE

Time: 3:15 minutes +/- 10 seconds

15 years old and over

Mapped to Cadet

Medal Test Requirement

2022: Dance Couples Medal #3 (NZ Championships)

2022 OPEN COUPLES FREEDANCE REQUIREMENTS

Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Rotational Lift
Yes Maximum Level 3 Maximum 40 seconds	Yes Maximum Level 3 Maximum 30 seconds	Yes Maximum Level 3	Yes	Yes Maximum Level 3	Yes Maximum Level 3

ADVANCED MASTERS COUPLES COMPULSORY DANCE

21 years old and over - NZ

30 years old and over - Oceania

Mapped to Espoir

Medal Test Requirement

2022: Dance Couples Medal #2 (NZ Championships)

2022: Dance Couples Medal #3 (Oceania)

Manhattan Blues
Werner Tango

Tempo: 92 Blues (4 sequences)
Tempo: 100 Tango (4 sequences)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

MASTERS COUPLES COMPULSORY DANCE

25 years old and over - NZ

30 years old and over - Oceania

Mapped to Minis

Medal Test Requirement

2022: Dance Couples Medal #1 (NZ Championships)

2022: Dance Couples Medal #2 (Oceania)

Denver Shuffle
La Vista Cha Cha

Tempo: 100 Polka (4 sequences)
Tempo: 108 Cha Cha (4 sequences)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

MASTERS COUPLES FREEDANCE**Time:** 3:00 minutes +/- 10 seconds

21 years old and over - NZ

30 years old and over - Oceania

Mapped to Espoir

Medal Test Requirement**2022:** Dance Couples Medal #2 (NZ Championships)**2022:** Dance Couples Medal #3 (Oceania)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance, but NOT both – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

2022 MASTERS COUPLES FREEDANCE REQUIREMENTS

Dance Hold Footwork Sequence	No Hold Footwork Sequence	Travelling	Choreo Lift	Stationary Lift	Combo Lift (Optional)
Yes Maximum Level 2 Maximum 40 seconds	Yes Maximum Level 2 Maximum 30 seconds	Yes Maximum Level 2	Yes	Yes Maximum Level 2	Maximum Level 2

MASTERS COUPLES STYLE DANCE**Time:** 2:00 minutes +/- 10 seconds

25 years old and over - NZ

30 years old and over - Oceania

Mapped to Junior

Medal Test Requirement**2022:** Dance Couples Medal #1 (NZ Championships)**2022:** Dance Couples Medal #2 (Oceania)

Masters skaters who are under 50 years of age and have competed in any discipline at either Junior or Senior World Championships MUST skate in Advanced Masters.

Skaters can skate in Masters for Compulsories and Masters for Freedance if they choose, or Masters Style Dance – provided they meet the requirements as far as having skated at a previous Junior or Senior World Championship and also the age and medal tests requirements as indicated. This applies to New Zealand and Oceania events.

2022 MASTERS COUPLES STYLE DANCE REQUIREMENTS

Theme: Latin Medley - Mambo, Salsa, Merengue, Bachata, Bossa Nova, Batucada, Cha Cha Cha, Samba, Rumba

Compulsory Dance/Pattern Dance: La Vista Cha Cha

Tempo: 108 Cha Cha

Dance Hold Footwork Sequence
Yes Maximum Level 1* - Maximum 40 seconds

The seven (7) steps and turns that will be counted towards the level are: Inside Three Turn, Outside Three Turn, Cross in Front, Open Mohawk, Travelling, Forward to Backward Closed Mohawk and Choctaw (forward to backward). To achieve a Level 1, four (4) turns or steps MUST be confirmed and each type can only be counted twice.

*There is no limit to the number of features attempted, however no features are required to be confirmed to achieve the Level 1.

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2022. For compulsory dance patterns and specifications, refer to the World Skate Artistic Dance Book 2022.

FREESKATING

REGIONALS ONLY FREESKATING GRADES

NEW ENTRANTS FREESKATING

Time: Up to 2:00 minutes

No Medal Test Requirement

Under 8 years old
Mapped to Tots

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of two (2) spin elements allowed (the two (2) spins MUST be different and limited to upright spins being counted).
- One (1) footwork sequence, maximum Level 1, maximum thirty (30) seconds. **To achieve Level 1, skaters MUST have one of each of four (4) steps and turns confirmed:** Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk.

NOTES:

- Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply)

NOVICE 1 FREESKATING

Time: 1:30 to 2:00 minutes

No Medal Test Requirement

8 years old to 10 years old

Mapped to Tots

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of two (2) spin elements allowed (the two (2) spins MUST be different and limited to upright spins being counted).
- One (1) footwork sequence, maximum Level 1, maximum thirty (30) seconds. **To achieve Level 1, skaters MUST have one of each of four (4) steps and turns confirmed:** Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk

NOTES:

- Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply)

NOVICE 2 FREESKATING

Time: 1:30 to 2:00 minutes

No Medal Test Requirement

11 years old to 14 years old

Mapped to Tots

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of two (2) spin elements allowed (the two (2) spins MUST be different and limited to upright spins being counted).
- One (1) footwork sequence, maximum Level 1, maximum thirty (30) seconds. **To achieve Level 1, skaters MUST have one of each of four (4) steps and turns confirmed:** Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk

NOTES:

- Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply)

ADULTS FREESKATING**Time:** 1:30 to 2:00 minutes**No Medal Test Requirement**

15 years old and over

Mapped to Tots

COMPULSORY ELEMENTS:

- A maximum of eight (8) jumps of one (1) rotation are allowed including Waltz jump.
- A maximum of two (2) jumps combinations are allowed
- The number of jumps within the combination cannot be more than three (3)
- The same jump cannot be presented more than three (3) times
- A maximum of two (2) spin elements allowed (the two (2) spins MUST be different and limited to upright spins being counted).
- One (1) footwork sequence, maximum Level 1, maximum thirty (30) seconds. To achieve Level 1, skaters MUST have one of each of four (4) steps and turns confirmed: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk

NOTES:

- Referee Penalties: 1.0 deduction for every two (2) falls (please note, costume violation rules will apply)

FREESKATING GRADES – NATIONAL AND INTERNATIONAL GRADES

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2022.

TOTS FREESKATING

8 and 9 years old

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Freeskating Medal #1
(NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation are allowed including Waltz jump.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- The same jump cannot be presented more than three (3) times.
- Two (2) spin elements **MUST** be performed. One (1) of them **MUST** be a combination spin (maximum three (3) positions). **ONLY** upright positions and sit positions are allowed. The two (2) spins **MUST** be different.
- One (1) footwork sequence, maximum Level 1, maximum thirty (30) seconds. **To achieve Level 1, Tots MUST have one of each of four (4) steps and turns confirmed:** Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk.

MINIS FREESKATING

10 and 11 years old

Long Programme only

Time: 2:45 minutes +/- 10 seconds

Medal Test Requirement

2022: Freeskating Medal #2
(NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, Double Toe-loop and Double Salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one (1) **MUST** be in combination.
- The same one (1) rotation jump cannot be presented more than three (3) times.
- In the program, there **MUST** be at least one (1) Toe-loop element (single or double).
- Two (2) spin elements **MUST** be performed. One (1) of them **MUST** be a combination spin (maximum three (3) positions) and **MUST** include a sit spin. Broken ankle, heel, and inverted are **NOT** allowed. The two (2) spins **MUST** be different.
- One (1) footwork sequence, maximum Level 2, maximum thirty (30) seconds.

ESPOIR FREESKATING

12 and 13 years old

Short Programme

Time: 2:00 minutes +/- 5 seconds

Long Programme

Time: 3:15 minutes +/- 10 seconds

Medal Test Requirement

2022: Freeskating Medal #3
(NZ Championships)

Short Programme Espoir

- Axel - Single.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (only doubles, excluding double Axel. No triples allowed). In calculating the value of the combination jumps the connecting jumps will **NOT** be counted.
- Solo jump - single or double (cannot be an Axel).
- One (1) combination spins with a maximum two (2) positions. The two (2) positions **MUST** be a sit spin combined with a camel (either outside backward camel or outside forward camel).
- One (1) position spin. **MUST** be a camel spin (either outside backward or outside forward, however it **CANNOT** be the same camel used in the combination).
- One (1) footwork sequence, maximum Level 3, maximum thirty (30) seconds.

Long Programme Espoir

- A maximum of ten (10) jumps are allowed excluding the connecting one (1) rotation jumps in combinations. (Double Axel and triples are **NOT** allowed).
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5). In calculating the value of the combination jumps the connecting one (1) rotation jumps will **NOT** be counted.
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel, **singles** and doubles cannot be presented more than twice **as jumps with technical value**. If presented twice, one (1) **MUST** be in combination.

- Minimum two (2) and maximum three (3) spin elements are allowed. One (1) of them **MUST** be a combination spin and **MUST** include a sit spin and one (1) **MUST** be a solo spin. If two (2) combos are presented, one (1) of maximum four (4) positions and one (1) of maximum three (3) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two (2) inverted, maximum two (2) forward heel etc.). Broken ankle is **NOT** allowed and the three (3) spins **MUST** be different.
- One (1) footwork sequence, maximum Level 3, maximum thirty (30) seconds.

PRELIMINARY FREESKATING

10 years old and over
Mapped to Minis

Long Programme only

Time: 2:45 minutes +/- 10 seconds

Medal Test Requirement

2022: Freeskating Medal #2
(NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, Double Toe-loop and Double Salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one (1) **MUST** be in combination.
- The same one (1) rotation jump cannot be presented more than three (3) times.
- In the program, there **MUST** be at least one (1) Toe-loop element (single or double).
- Two (2) spin elements **MUST** be performed. One (1) of them **MUST** be a combination spin (maximum three (3) positions) and **MUST** include a sit spin. Broken ankle, heel, and inverted are **NOT** allowed. The two (2) spins **MUST** be different.
- One (1) footwork sequence, maximum Level 2, maximum thirty (30) seconds.

INTERMEDIATE FREESKATING

15 years old and over
Mapped to Minis

Long Programme only

Time: 2:45 minutes +/- 10 seconds

Medal Test Requirement

2022: Freeskating Medal #2
(NZ Championships)

- A maximum of twelve (12) jumps of one (1) rotation. Within the twelve (12) jumps Axel, Double Toe-loop and Double Salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one (1) **MUST** be in combination.
- The same one rotation jump cannot be presented more than three (3) times.
- In the program, there **MUST** be at least one (1) Toe-loop element (single or double).
- Two (2) spin elements **MUST** be performed. One (1) of them **MUST** be a combination spin (maximum three (3) positions) and **MUST** include a sit spin. Broken ankle, heel, and inverted are **NOT** allowed. The two (2) spins **MUST** be different.
- One (1) footwork sequence, maximum Level 2, maximum thirty (30) seconds.

OPEN FREESKATING

15 years old and over
Mapped to Cadet

Long Programme only

Time: 3:15 minutes +/- 10 seconds

Medal Test Requirement

2022: Freeskating Medal #3
(NZ Championships)

- A maximum of ten (10) jumps are allowed (excluding connection jumps) (Double Axel and triples are **NOT** allowed).
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5) including the connecting jumps. In calculating the value of the combination jumps the connecting jumps will **NOT** be counted.
- It is mandatory to perform an Axel that can be presented also in combination.
- Axel, **singles** and doubles cannot be presented more than twice **as jumps of technical value**. If presented twice, one (1) **MUST** be in combination.
- Minimum two (2) and maximum three (3) spin elements are allowed. One (1) of them **MUST** be a combination spin (maximum four (4) positions) and **MUST** include a sit spin and one (1) **MUST** be a solo spin. If two (2) combos are presented, one (1) of maximum four (4) positions and one of maximum three (3) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two (2) inverted, maximum two (2) forward heel etc.). Broken ankle is **NOT** allowed and the three (3) spins **MUST** be different.
- One (1) footwork sequence, maximum Level 3, maximum thirty (30) seconds.

CADET FREESKATING

14 and 15 years old

Short Programme**Time:** 2:30 minutes +/- 5 seconds**Medal Test Requirement****2022:** Freeskating Medal #3
(NZ Championships)**Long Programme****Time:** 3:30 minutes +/- 10 seconds**2022:** Freeskating Medal #5
(Oceania)**Short Programme Cadet**

- Axel – single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will NOT be counted.
- Solo jump – single, double, triple... (cannot be an Axel).
- One (1) position spin.
- One (1) combination spin. One (1) of the spins MUST be a sit spin. Maximum five (5) positions.
- One (1) footwork sequence, maximum Level 3, maximum thirty (30) seconds.

Long Programme Cadet

- A maximum of eight (8) jumps are allowed excluding connecting one (1) rotations jumps in the combinations.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5) including the connecting jumps. In calculating the value of the combination jumps the connecting jumps will NOT be counted.
- It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.
- Axel, **singles**, doubles and triples cannot be presented more than twice **as jumps of technical value**. If presented twice, one (1) MUST be in combination.
- Minimum two (2), maximum three (3) spin elements are allowed. One (1) of them MUST be a combination spin (maximum five (5) positions) and MUST include a sit spin and one MUST be a solo spin. If two (2) combos are presented, one of maximum five (5) positions and one of maximum three (3) positions.
- The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two (2) inverted, maximum two (2) forward heel etc). Broken ankle is NOT allowed. The three (3) spins MUST be different.
- One (1) footwork sequence, maximum Level 3, maximum thirty (30) seconds.

YOUTH FREESKATING

16 years old

Short Programme**Time:** 2:30 minutes +/- 5 seconds**Medal Test Requirement****2022:** Freeskating Medal #4
(NZ Championships)**Long Programme****Time:** 4:00 minutes +/- 10 seconds**2022:** Freeskating Medal #6
(Oceania)**Short Programme Youth**

- Axel – single, double or triple.
- Jumps combination from two (2) to four (4) jumps including connecting jumps (one rotation jumps). In calculating the value of the combination jumps the connecting jumps will NOT be counted.
- Solo jump – single, double, triple... (cannot be an Axel).
- One (1) position spin.
- One (1) combination spin. One (1) of the spins MUST be a sit spin. Maximum five (5) positions.
- One (1) footwork sequence, maximum Level 4, maximum forty (40) seconds.

Long Programme Youth

- A maximum of eight (8) jumps for women and nine (9) jumps for men excluding the connecting one (1) rotation jumps in the combination.
- Maximum three (3) jumps combinations.
- The number of jumps within the combination cannot be more than five (5) including the connecting jumps. In calculating the value of the combination jumps the connecting jumps will NOT be counted.
- It is mandatory to perform an Axel jump (single, double, triple) that can be presented also in combination.
- Axel, **singles**, doubles and triples cannot be presented more than twice **as jumps of technical value**. If presented twice, one (1) MUST be in combination.
- Minimum two (2), maximum three (3) spin elements are allowed. One (1) of them MUST be a combination spin (maximum five (5) positions) and MUST include a sit spin and one (1) MUST be a solo spin. If two (2) combos are presented, one (1) of maximum five (5) positions and one (1) of maximum three (3) positions. The same kind of spin cannot be performed more than twice in the whole program (i.e. maximum two (2) inverted, maximum two (2) forward heel etc.). Broken ankle is NOT allowed. The three (3) spins MUST be different.
- One (1) footwork sequence, maximum forty (40) seconds.
- One (1) choreographic sequence, maximum thirty (30) seconds.

JUNIOR FREESKATING

17 and 18 years old

Short Programme**Time:** 2:45 minutes +/- 5 seconds**Long Programme****Time:** 4:15 to 4:30 minutes (Ladies)
4:30 minutes +/- 10 seconds (Men)**Medal Test Requirement****2022:** Freeskating Medal #4
(NZ Championships)**2022:** Freeskating Medal #6
(Oceania)**2022:** Freeskating Medal #7
(International)**REQUIREMENTS - For further detail, refer to World Skate Regulations**

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships, and not 19 on the 31st December in the year of competition will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

SENIOR FREESKATING

19 years old and over

Short Programme**Time:** 2:45 minutes +/- 5 seconds**Long Programme****Time:** 4:15 to 4:30 minutes (Ladies)
4:30 minutes +/- 10 seconds (Men)**Medal Test Requirement****2022:** Freeskating Medal #5
(NZ Championships)**2022:** Freeskating Medal #7
(Oceania)**2022:** Freeskating Medal #8
(International)**REQUIREMENTS - For further detail, refer to World Skate Regulations**

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

MASTERS FREESKATING21 years old and over
Mapped to Minis**Long Programme only****Time:** 2:45 minutes +/- 10 seconds**Medal Test Requirement****2022:** Freeskating Medal #1
(NZ Championships)**2022:** Freeskating Medal #2
(Oceania)

- A maximum of twelve (12) jumps of one (1) rotation, **including Waltz Jump**. Within the twelve (12) jumps, Axel, Double Toe-loop and Double Salchow are allowed.
- Maximum two (2) jumps combinations are allowed.
- The number of jumps within the combination cannot be more than five (5).
- It is mandatory to perform an Axel **type jump** that can be presented in combination.
- Axel and doubles cannot be presented more than twice. If presented twice, one (1) MUST be in combination.
- The same single rotation jump cannot be presented more than three (3) times.
- In the program, there MUST be at least one (1) Toe-loop element (single or double).
- Two (2) spin elements MUST be performed. One (1) of them MUST be a combination spin (up to three (3) positions). Broken ankle, heel, and inverted are NOT allowed. The two (2) spins MUST be different.
- **One (1) footwork sequence, maximum Level 2, maximum thirty (30) seconds. The variety of steps and turns that can be counted towards the four (4) steps required for level 1 are: Inside Three Turn, Outside Three Turn, Cross in Front, Open Mohawk, Travelling, Forward to Backward Closed Mohawk. There is no limit to the number of features attempted, however no features are required to be confirmed to achieve Level 1. Level 2 will require six (6) turns and two (2) features.**

ARTISTIC INLINE

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals.

REGIONAL ONLY INLINE GRADE

OPEN INLINE

No age limit
Mapped to Tots Inline

Long Programme only

Time: 2:00 minutes +/- 10 seconds

No Medal Test Requirement

Jumps: Maximum three (3) jump elements. - Maximum one (1) combination of two (2) jumps - Only one (1) rotation jumps, Waltz jump and single Axel (1A) are allowed, on their own or in combination. The same jump cannot be presented more than twice. If a jump is presented twice, at least one (1) of them must be in a combination.

Spins: Maximum two (2) spin elements. - Only Upright, Sit or Camel positions are allowed.

There MUST be one (1) spin of each of the following types: - One (1) Solo Spin - One (1) Combo Spin (maximum three (3) positions). A position with the same base value (with the same foot and edge) cannot be presented more than twice.

NOTE: In a Combo Spin, minimum one (1) rotation per position.

Footwork Sequence: Maximum one (1) footwork sequence, maximum Level 1, maximum thirty (30) seconds. To achieve level 1 skaters MUST have one (1) of each of four (4) steps and turns confirmed: Cross in front, Inside Three Turn, Outside Three Turn, Open Mohawk.

Choreographic Sequence: Maximum one (1) choreographic sequence, maximum thirty (30) seconds. It must include one "clear" and "visible" skating element (Ina bauer, spread eagle, camel position, artistic upright position on one (1) foot, etc.).

INLINE GRADES – NATIONAL AND INTERNATIONAL GRADES

TOTS INLINE

8 and 9 years old

Long Programme only

Time: 2:00 minutes +/- 10 seconds

Medal Test Requirement

2022: Inline Medal #1
(NZ Championships)

MINIS INLINE

10 and 11 years old

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Inline Medal #2
(NZ Championships)

ESPOIR INLINE

12 and 13 years old

Long Programme only

Time: 3:00 minutes +/- 10 seconds

Medal Test Requirement

2022: Inline Medal #3
(NZ Championships)

CADET INLINE

14 and 15 years old

Short Programme

Time: 2:30 minutes +/- 5 seconds

Long Programme

Time: 3:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Inline Medal #3
(NZ Championships)

2022: Inline Medal #5 (Oceania)

YOUTH INLINE

16 years old

Short Programme

Time: 2:30 minutes +/- 5 seconds

Long Programme

Time: 3:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Inline Medal #4
(NZ Championships)

2022: Inline Medal #6 (Oceania)

JUNIOR INLINE

17 and 18 years old

Short Programme**Time:** 2:45 minutes +/- 5 seconds**Long Programme****Time:** 4:00 minutes +/- 10 seconds (Ladies)**Time:** 4:00 to 4:30 minutes (Men)**Medal Test Requirement****2022:** Inline Medal #4

(NZ Championships)

2022: Inline Medal #6 (Oceania)**2022:** Inline Medal #7 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

SENIOR INLINE

19 years old and over

Short Programme**Time:** 2:45 minutes +/- 5 seconds**Long Programme****Time:** 4:00 minutes +/- 10 seconds (Ladies)**Time:** 4:00 to 4:30 minutes (Men)**Medal Test Requirement****2022:** Inline Medal #5

(NZ Championships)

2022: Inline Medal #7 (Oceania)**2022:** Inline Medal #8 (International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

FREESKATING PAIRS

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2022.

TOTS FREE PAIRS

8 and 9 years old

Long Programme

Time: 2:00 minutes +/- 10 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

MINIS FREE PAIRS

10 and 11 years old

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

ESPOIR FREE PAIRS

12 and 13 years old

Short Programme

Time: 2:00 minutes +/- 5 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

Long Programme

Time: 3:00 minutes +/- 10 seconds

PRELIMINARY FREE PAIRS

10 years old and over

Mapped to Minis

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

- Maximum two (2) side by side jumps (NOT in combo). Maximum Axel, Double Toe-loop, Double Salchow.
- **One (1)** side by side one position or combo spin, selected from upright and sit (any edge). Maximum of two (2) positions if combo spin.
- Maximum two (2) throw jumps: single rotation or axel maximum (MUST be different jumps).
- **One (1)** contact spin: one (1) position selected from upright, sit, hazel.
- **One (1)** spiral, angel (camel) BO.
- **One (1)** footwork sequence maximum Level 2, maximum 30 seconds.
- **LIFTS ARE NOT ALLOWED.**

INTERMEDIATE FREE PAIRS

15 years old and over

Mapped to Minis

Long Programme only

Time: 2:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

- Maximum two (2) side by side jumps (NOT in combo). Maximum Axel, Double Toe-loop, Double Salchow.
- **One (1)** side by side one position or combo spin, selected from upright and sit (any edge). Maximum of two (2) positions if combo spin.
- Maximum two (2) throw jumps: single rotation or axel maximum (MUST be different jumps).
- **One (1)** contact spin: one (1) position selected from upright, sit, hazel.
- **One (1)** spiral, angel (camel) BO.
- **One (1)** footwork sequence maximum Level 2, maximum 30 seconds.
- **LIFTS ARE NOT ALLOWED.**

OPEN FREE PAIRS

15 years old and over
Mapped to Cadet

Long Programme only

Time: 3:30 minutes +/- 10 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

- **Two (2)** lifts (single or in combinations). No overhead lifts allowed. Selected from lifts like: Axel, Flip Reversed Split position, etc. Each combination lift **MUST NOT** exceed eight (8) rotations of the man, with no more than two (2) changes of position for the lady (3 positions), and single position lifts **MUST NOT** exceed four (4) rotations.
- **One (1)** side by side solo jump.
- **One (1)** combination of maximum two (2) jumps.
- **One (1)** side by side combination spin with a maximum of three (3) positions.
- Maximum two (2) throw jumps with a maximum of two (2) rotations (**MUST** be different jumps).
- **One (1)** twist jump with maximum two (2) rotations.
- **One (1)** contact spin (combination with a maximum of three (3) positions). Impossible spins (all types) and reverse lay over camel are forbidden.
- **One (1)** death spiral, free choice.
- **One (1)** footwork sequence, maximum 40 seconds.
- One (1) choreographic sequence where the partners **MUST** always hold each other, **maximum 30 seconds**.
- The lifts take-offs **MUST** be different.

CADET FREE PAIRS

14 and 15 years old

Short Programme

Time: 2:30 minutes +/- 5 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

Long Programme

Time: 3:30 minutes +/- 10 seconds

2022: Free Pairs Medal #1
(Oceania)

YOUTH FREE PAIRS

16 years old

Short Programme

Time: 2:30 minutes +/- 5 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

Long Programme

Time: 4:00 minutes +/- 10 seconds

2022: Free Pairs Medal #1
(Oceania)

JUNIOR FREE PAIRS

17 and 18 years old

Short Programme

Time: 3:00 minutes +/- 5 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

Long Programme

Time: 4:30 minutes +/- 10 seconds

2022: Free Pairs Medal #2
(Oceania)

2022: Free Pairs Medal #3
(International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Junior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

SENIOR FREE PAIRS

19 years old and over

Short Programme

Time: 3:00 minutes +/- 5 seconds

Medal Test Requirement

2022: Free Pairs Medal #1
(NZ Championships)

Long Programme

Time: 4:30 minutes +/- 10 seconds

2022: Free Pairs Medal #2
(Oceania)

2022: Free Pairs Medal #3
(International)

Skaters who are at least 12 before the 1st of January in the year of the World Skate ATC Championships will be eligible to skate Senior (ie: have turned 12 in the year preceding the competition year), on application and provided they meet all medal test requirements.

For a full list of regulations and specifications regarding the technical elements and associated levels for each grade, please refer to the relevant [World Skate Rules](#) for Artistic Skating Competitions Manuals 2022.

PRECISION SKATING

Please refer to [World Skate Official Regulation Precision](#) for full rules, information and definitions, please refer to this live document regularly due to World Skate updates.

GENERAL RULES

Each team will be permitted **sixty (60)** seconds for the positioning before the commencement of the performance. Once the team is ready for the music to commence the team captain **MUST** raise their hand to advise the announcer.

- Neither portable or handheld props shall be used.
- Vocal music shall be permitted.
- Costume rules – see Artistic rules and regulations.
- Reserves are required for Junior and Senior precision teams.
- Open Mini Precision and Masters Mini Precision grades:
A reserve skater is NOT required however, if the team cannot present a minimum of four (4) skaters on the floor at a competition then the team **MUST** withdraw.
- Open Precision and Masters Precision grades:
A reserve skater is NOT required. A team who is unable to present eight (8) skaters on the floor may apply to the Artistic Committee for dispensation to skate with seven (7) skaters, however, if the team cannot present a minimum of seven (7) skaters on the floor at a competition then the team **MUST** withdraw.
- The grading of a Precision team is determined by the age of the majority of the skaters. Where the team is evenly split it is to skate in the higher grade.

NATIONAL MINI PRECISION TEAMS

OPEN MINI PRECISION

4 – 8 skaters of any age

Time: 2:00 to 3:00 minutes

Medal Test Requirement

2022: Precision Medal #1
(NZ Championships)

MASTERS MINI PRECISION

4 – 8 skaters,
21 years old and over

Time: 2:00 to 3:00 minutes

Medal Test Requirement

2022: Precision Medal #1
(NZ Championships)

NATIONAL AND INTERNATIONAL PRECISION TEAMS

All participants **MUST** belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs. All participants **MUST** be approved by the Federation.

OPEN PRECISION

8 – 16 skaters of any age

Time: 2:00 to 3:00 minutes

Medal Test Requirement

2022: Precision Medal #1
(NZ Championships)

MASTERS PRECISION

8 – 20 skaters,
21 years old and over

Time: 2:00 to 3:00 minutes

Medal Test Requirement

2022: Precision Medal #1
(NZ Championships)

JUNIOR PRECISION

16 skaters (maximum 4 reserves)
12 year old to 18 years old

Time: 4:00 mins +/- 10 secs

Medal Test Requirement

2022: Precision Medal #1
(NZ Championships)
2022: Precision Medal #4 (Oceania)
2022: Precision Medal #6 (International)

Refer to [World Skate rules](#)

SENIOR PRECISION

16 skaters (maximum 4 reserves)
12 years old and over

Time: 4:30 mins +/- 10 secs

Medal Test Requirement

2022: Precision Medal #1
(NZ Championships)
2022: Precision Medal #4 (Oceania)
2022: Precision Medal #6 (International)

Refer to [World Skate rules](#)

SHOW and GROUP SKATING

CLUB SHOW CHALLENGE

Group: minimum of four (4) skaters of any age

Time: 3:30 to 4:00 minutes

REGULATIONS FOR CLUB SHOW CHALLENGE

The main emphasis for the Club Show skating challenge will be skating and entertainment value. Participants **MUST** be members of the Affiliated Club that is being represented, and a registered member of the New Zealand Federation of Roller Sports (Inc). This membership may be the Class 5 Supporters membership if not already a New Zealand Federation of Roller Sports member.

Entry is allowed direct to the New Zealand Artistic Roller Sports Championships, ie: there is no requirement for teams to qualify through Areas.

A team name **MUST** be provided on the entry form. At the New Zealand Artistic Roller Sports Championships, a Challenge trophy will be awarded to the winning team.

TECHNICAL REGULATIONS

1. Duration of performance – minimum 3:30 minutes, maximum 4 minutes. Time to start with the first movement.
2. A minimum of four (4) skaters of any age.
3. Freeskating and Pairs skating are allowed. However, skating will be assessed on the performance of the whole group.
4. There will be no restriction on the choice of music, but skating **MUST** be in tune with the music chosen.
5. Movements or steps performed in stationary positions are allowed. However, programmes with excessive stationary movements will be given less credit. Choreography **MUST** commence within ten (10) seconds after the music has started.
6. The main performance of a show group **MUST** be Show, **NOT** Precision. If there are Precision elements, they **MUST** be performed in the character of a show.
7. All participants **MUST** be on skates.
8. Only handheld or portable props are permitted.
9. Fog machines, water or personal spotlights are **NOT** permitted.

MARKING

The event will be judged **by three (3) invited judges** and their decision will be final.

Criteria for evaluation will be:

- a) Creativity
- b) Entertainment

Entry & Exit on the floor:

- A maximum of forty (40) seconds are allowed for entry onto the rink.
- A penalty of up to -0.3 from “A” mark if the entry takes longer than the permitted time may be applied.
- It is Optional to provide:-

A short explanation of not more than twenty five (25) words may be attached to the entry describing the performance. These descriptions will be given to the judges and announced as the group is entering the floor. If you do wish to submit this description it is to be done at the Team Managers’ Meeting, along with the skater’s name.

INTERNATIONAL SHOW EVENTS

Large groups, Small groups, Junior Groups, Senior Quartets, Junior Quartets and Cadet Quartets

For the ages the Show will follow the same as the other disciplines (except Cadet – see table below).

CATEGORY	AGE
Cadet	12 years old to 15 years old
Junior	12 years old to 18 years old
Senior	12 years old and over

- Skaters **MUST** be at least 12 years of age before the 1st of January in the year of the event to compete.
- Skaters who are at least 12 before the 1st of January and, not yet 16 by and including the 31st of December in the year of the event are eligible to compete in Cadet.
- Skaters who are at least 12 before the 1st of January and, not yet 19 by and including the 31st of December in the year of the event are eligible to compete in Junior.
- Skaters who are at least 12 before the 1st of January in the year of the event will be eligible to skate Senior.

All participants **MUST** belong to a club, which is a member of a National Federation. Groups may consist of individuals belonging to different clubs.

Note: Application for re-grading due to quartet skaters abilities, regardless of age, will be considered on application to the Artistic Committee.

Please refer to [World Skate Official Regulation - Show](#) for complete rules, requirements and explanations

QUARTETS

INTERNATIONAL QUARTETS

CADET QUARTET

4 skaters (maximum 1 reserve)
12 years old to 15 years old

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2022: Artistic Medal (any discipline) #1 (NZ Championships)
2022: Artistic Medal (any discipline) #4 (Oceania)
2022: Artistic Medal (any discipline) #6 (International)

JUNIOR QUARTET

4 skaters (maximum 1 reserve)
12 years old to 18 years old

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2022: Artistic Medal (any discipline) #1 (NZ Championships)
2022: Artistic Medal (any discipline) #4 (Oceania)
2022: Artistic Medal (any discipline) #6 (International)

SENIOR QUARTET

4 skaters (maximum 1 reserve)
12 years old and over

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2022: Artistic Medal (any discipline) #1 (NZ Championships)
2022: Artistic Medal (any discipline) #4 (Oceania)
2022: Artistic Medal (any discipline) #6 (International)

NATIONAL QUARTETS

OPEN QUARTET

4 skaters (maximum 1 reserve)
No Age Restrictions

Time: 3:00 mins +/- 10 secs

Medal Test Requirement

2022: Artistic Medal (any discipline) #1 (NZ Championships)

REGIONALS ONLY QUARTETS

NOVICE QUARTET

Time: 3:00 mins +/- 10 secs

No Medal Test Requirement

4 skaters (maximum 1 reserve)

No Age Restrictions

SHOW GROUPS

INTERNATIONAL SHOW GROUPS

Refer to World Skate rules

LARGE SHOW GROUPS

12 years old and over

16 – 30 skaters (max 4 reserves)

Time: 4:30 to 5:00 minutes
+/- 10 seconds

Medal Test Requirement

2022: Artistic Medal (any discipline) #1
(NZ Championships)

2022: Artistic Medal (any discipline) #4
(Oceania)

2022: Artistic Medal (any discipline) #5
(International)

SMALL SHOW GROUPS

12 years old and over

6 – 12 skaters (max 2 reserves)

Time: 4:30 to 5:00 minutes
+/- 10 seconds

Medal Test Requirement

2022: Artistic Medal (any discipline) #1
(NZ Championships)

2022: Artistic Medal (any discipline) #4
(Oceania)

2022: Artistic Medal (any discipline) #5
(International)

JUNIOR SHOW GROUPS

12 years old to 18 years old

8 – 16 skaters (max 2 reserves)

Time: 3:30 to 4:00 minutes
+/- 10 seconds

Medal Test Requirement

2022: Artistic Medal (any discipline) #1
(NZ Championships)

2022: Artistic Medal (any discipline) #4
(Oceania)

2022: Artistic Medal (any discipline) #5
(International)

NATIONAL SHOW GROUPS

OPEN SMALL SHOW GROUPS

6 – 15 skaters (max 2 reserves)

No Age Restrictions

Time: 3:30 to 4:00 minutes

Medal Test Requirement

2022: Artistic Medal (any discipline) #1
(NZ Championships)

OPEN LARGE SHOW GROUPS

16 – 30 skaters (max 2 reserves)

No Age Restrictions

Time: 3:30 to 4:00 minutes

Medal Test Requirement

2022: Artistic Medal (any discipline) #1
(NZ Championships)