

**CENTRAL  
DISTRICTs  
ROLLER  
SKATING  
LEAGUE**

**SCHEDULE**

**CENTRAL DISTRICTS ROLLER SKATING LEAGUE**

**GUIDELINES AND SCHEDULE**

Central League offers skaters of all levels and abilities two competitions during the year usually at Central locations in our Area.

The main aim of League is to foster Beginner skaters by providing a programme where they can compete at their level against others of a similar standard. International Grades are not run at Leagues.

By fostering League competitions clubs strengthen their own memberships. League offers skaters good competition and a fun day where they can enter events not usually open to them.

Where possible Judges used are of a National standard, however they will be assisted by student Judges and skaters or parents who have expressed an interest in becoming a Judge, as we need to encourage more people to become Judges.

Central League entry fees are kept to a minimum, and all officials work voluntary and Judges receive travel expenses only.

Clubs hosting the League provide the local organisation of the competition, such as booking the venue, providing the sound system and usually the dance music. They may also be asked to arrange officials, receive the entries and prepare the programme.

Each family are now required to pay a sum set from time to time for Officials food. Clubs are asked to help with preparing and setting this out.

## **SPECIAL NOTES**

**All events** held at a Central League competition will continue to be judged under the White System.

We would also like to encourage parents and past skaters to offer their services to be trained as Marshals, Scorers or Judges.

Should you have queries regarding Central League please contact the club hosting the particular League you have a query about. General queries should be directed to the Central Districts League Secretary, Val Bedford,

Phone: 06 758 6233 or Email: Sheryll.valb@xtra.co.nz

## **GENERAL RULES**

### **League Grades**

- a. Ages for “Margaret Grant” League, held in Term 4 will be the skaters age for that year. Ages for “Val Bedford” League, held in Term 2 will be the skaters age they turn that year.
- b. There is no time limit on how long a skater may stay in League grades.
- c. Clubs and Coaches are asked to ensure skaters are in their correct events and be aware of restrictions in First Time Out and Beginners events, and requirements in other League events.
- d. Clubs can apply for a skater who has previously skated in the Federation Championship Grade to skate League grades. Each case will be decided on its individual merits.
- e. The League Organiser retains the right to combine or divide events when entries warrant this.
- f. League Grades are combined Male and Female and Quad and Inline events.
- g. All entries must be sent through club secretaries, and be accompanied by the required entry fees.

**NO LATE ENTRIES.**

## **FEDERATION GRADE RULES**

- a. **NO** Oceania Grades will be skated at Central League Competitions
- b. Skaters who skate in an Area Competition must skate in their Federation grade for that skating year at League.
- c. Current National Schedule will apply.
- d. Federation Grades will be combined Male and Female grades.
- e. Note All events held at a Central League competition will continue to be judged under the White System.
- f. All entries must be sent through Club Secretaries and accompanied by the required entry fees.

## **LEAGUE GRADE SCHEDULE**

### **FREESKATING**

**First Time Out** - no age restriction. Solo up to 1.30 mins. Vocal music permitted.  
This grade is designed to cater for the real beginner skaters who have never entered a competition and **may be entered only once**.

Skaters may choose only any of the following items:- Two foot Bob(squat), forward and backwards scissors, **Forward spiral**, chair, bunny hop, Mushroom/Cabbage, Shoot the duck, 2 foot ½ jumps, 2 foot shuffle spin, pivot spin, Basic footwork and arm movements allowed.

**Beginners Grade** – 9 years and over. Solo up to 2 mins. Vocal music permitted.  
(Skaters 8 and under enter League Tiny Tots)

Open to skaters 9 years and over who have moved up from First Time Out or who have not skated in Judged competition with exception of League or Club events.

Winner must move to appropriate League or Open grade.

Skaters **may only enter this grade twice** and shall then move to appropriate aged League or Open Grade.

**The routine must include a Spiral Sequence and Primary straightline footwork plus any half jump, 2 foot spin, spread eagle, and any item from 1<sup>st</sup> time out.**  
**(NOTE -1 foot spins or single jumps not permitted)**

**\*Note - All the following League grades must include a Spiral Sequence and Primary straightline footwork. Single jumps and upright spins are permitted.**

**League Tots** – 9 years and under – routine up to 2 mins\*

**League Minis** – 10 and 11 year old - routine up to 2.30 mins\*

**League Espoir** - 12 and 13 year old - routine up to 2.30 mins\*

**League Advanced** – 14 years & over – routine up to 2.30 mins\*

## **FIGURES**

**First Time Out** – No age restriction

This grade is designed to cater for the real beginner skaters who have never entered a competition and **may be entered only once**.

League 1 & 2. FO edges

**Beginners** - 9 years & over – (Skaters 8 yrs & under enter League Tiny Tots)

Open to skaters 9 years and over who have moved up from First Time Out or who have not skated in Judged competition with exception of League or Club events.

Winner must move to appropriate League or Open grade.

Skaters **may only enter this grade twice** and shall then move to appropriate aged League or Open Grade.

Margaret Grant League - FO & FI edges

Val Bedford League – FI edges & 111a RFO Serpentine eight

## **FIGURES CONT.**

**League Tots** - 9 years and under

Margaret Grant League - FO & FI Edges

Val Bedford League - FI edges & 111a RFO serpentine eight

**League Minis** - 10 and 11 years

Margaret Grant League - 1. RFO-LFO Eight; & 111a RFO Serpentine eight  
Val Bedford League - 1a RFOI- LFOI Half eight & 2. RFI-LFI Eight

**League Espoir** - 12 and 13 years

Margaret Grant League - 1. RFO-LFO Eight; & 111a RFO Serpentine eight  
Val Bedford – 1b LFOI- RFOI Half eight & 2. RFI-LFI eight

**League Advanced** – 14 years & over

Margaret Grant League – 1. RFO-LFO Eight & 111a RFO Serpentine eight  
Val Bedford League – 2. RFI-LFI Eight & BO Outside Edges

## **SOLO DANCE**

**Beginners** – no age restrictions

Skaters may only enter this grade if they hold **NO** dance medals.

Skaters **may only enter this grade twice** and shall then move to the appropriate aged League or Open Grade.

### **Waltz Sequence**

**League Tots** - 9 years and under

Margaret Grant League – Waltz Sequence  
Val Bedford League - March Sequence

**League Minis** – 10 and 11 year olds

Margaret Grant League – March Sequence  
Val Bedford League – City Blues

**League Espoir** - 12 and 13 year olds

Margaret Grant League – Progressive Tango  
Val Bedford League – Glide Waltz

**League Advanced** – 14 years & over

Margaret Grant League – Glide Waltz  
Val Bedford League – Skaters March

## **Events Open to Everyone**

**Beginners Dance Pairs**– (Any 2 skaters who have no medals) – Waltz Sequence

**Advanced Dance Pairs**–

(any two skaters but must not have skated Area/National level as a pair)

Margaret Grant League – Progressive Tango

Val Bedford League – City Blues

**Quartets** – Must not have competed at Area/National level as a Quartet. Up to 3 mins

**Creative Pairs** – (any two skaters; Must not have skated Area/National level as a pair)

Routine 2 – 2.30 mins. Any music permitted.

**Precision**– up to 3 mins. 4 plus skaters. Must not have skated Area/National level

## **FEDERATION GRADE SCHEDULE**

(See rules for these events under General Rules)

The only events skated at Leagues will be Area Only Events  
plus Tots, Minis & Preliminary  
Judging under the White System

### **Freeskating**

Requirements as per current National Schedule (long programmes only will be skated)

**Figures** (no Loop events).

**Novice 2/Tots/Minis/Preliminary**

Margaret Grant League - Group 1 - right foot start

Val Bedford League – Group 2 - left foot start

**New Entrants/Novice 1/Adult** - as per current National schedule

### **Solo Dance**

Grades as Figures

Requirements as per current National Schedule

**No Freedance or Style Dance events held at Leagues.**