



UPPER HUTT ROLLER SKATING CLUB

Sk8ing Upd8
February 2020

WELCOME EVERYONE TO OUR 2020 SKATING YEAR

RINK MAINTENANCE – To those of you who gave up your holiday time to help with the upkeep of our rink and skates, we say “thank you very much, your efforts are very much appreciated”. If you haven’t attended the rink yet, you will find it is looking very spruce.



2020 UPPER HUTT CLUB SKATE CAMP 11 JANUARY 2020 – A very successful day of skating was enjoyed by all those who participated. Skaters at all levels, worked hard, learnt lots and had such a lot of fun. We are sorry many of you were unable to attend and hope you can make the next one if we can fit another into our very busy timetable. To the coaches, Katelyn Kennedy, Imelda Coleman and Raewyn Hailes, we thank you for passing on your knowledge to our skaters.

UPPER HUTT OPEN COMPETITION – 7 & 8 MARCH 2020 (Possibly also 6th March)

The Open Day Schedule was released in early January. The closing date for entries is Friday 7th February. Also required by the 7th February are the skater’s content sheets, music and music certification. Payment is also to be made by that date. The schedule is on the notice board, as are the entry forms. Please note that no late entries will be accepted.

What is Upper Hutt Open Competition? This is a major event for our Club for the year. We invite all the Clubs from throughout New Zealand to attend and compete at our rink. It is an opportunity for our skaters, both new and old, to skate at their own level against other skaters from around the country and is suitable for any skater who has a private coach. Please check with your coach which events you should enter. For Patch Class skaters who are not yet ready to compete, mark these dates in your diary and come along and watch – it provides a great chance to see National level skaters through to World skaters in action. It is always such fun and, as well as competing, it is where the skaters and parents either renew old friendships or begin what often becomes a lifelong friendship.

RETURN OF UPPER HUTT OPEN DAY CUPS/TROPHIES

It is necessary that all of these are now returned to the kitchen as soon as possible so they can be sorted and prepared for this year’s presentations. It goes without saying that **these must be cleaned before you return them!**



COLLEGE SPORT WELLINGTON INTER-SECONDARY SCHOOL CHAMPIONSHIPS

In conjunction with the UH Open Competition, UHRSC will again host the College Sport Wellington Inter-Secondary School Artistic Skating Championships. **Skaters at Colleges in the Wellington area (Kapiti to Upper Hutt and South) who are also federated with Skate NZ and members of a registered skating club are eligible to enter.** Skaters will be directly registered with College Sport Wellington for this event by the Club, and schools will be notified also. The Club will advise College Sport Wellington of results, and schools will also be emailed their students' results (for this event and for other non-CSW events held throughout the year e.g. Laurie Hastie, Areas, NZ Championships).

Entries for this Championship close on Friday 7th February, therefore, make sure you ENTER NOW!!!

CSW podium presentations will be made immediately after the UHRSC podium presentation for the same event so CSW entrants should be ready and aware of this. Certificates will be awarded to the top three skaters in the CSW event. This means that even if you don't finish in the top three for the Open Day event you should wait for the CSW presentation as the non-Wellington skaters at our championship are not eligible to enter. We ask those who receive certificates to hand them back in after the presentation so that Helen Nicol, who is the CSW liaison person, can send them to the skaters' schools to be re-presented in assembly. This enables the schools to join in celebrating the skaters' success in roller sports.



A prestigious CSW medal will be awarded for first place in each event. The medals will be sent to the skaters' schools for presentation at a special event there. Skaters and their schools will receive points for their placings resulting in a top College Award and a top Senior, Intermediate and Junior Skater.

FIRST PUBLIC DISCO - The first disco for 2020 was held on Saturday 1st February 2020. It was heartening to see everyone enjoying themselves.

2020 KIWI SKATE DAY

This year, our celebration for Kiwi Skate Day will be on Saturday 7th March 2020 at the disco from 3.00 to 5.00pm. Entry to the disco will be **"Two for One"** i.e. you come to the disco and bring a friend and the entry fee for both of you will be the same as for one person.

BILLETS REQUIRED

Registered Coaches, Judges and interested others (skaters, trainers) from around New Zealand will be attending a seminar in our area on 28th & 29th February 2020. To keep the cost for the attendees to a minimum, we have been asked if anyone is able to act as host/hostess.

If you can assist, please would you let our Secretary Tania know as soon as possible. Her e-mail address is secretary@skatewellington.org.nz and her phone number is at the end of this newsletter.

BIRTHDAY & VOLUNTEER CUPS & MEDAL TEST BARS PRESENTATIONS

The following presentations will take place at the rink on Tuesday 25th February 2020 at 6.15pm.

BIRTHDAY CUP The UHRSC Birthday Cup is awarded each year to a member of the Upper Hutt Roller Skating Club. This is not necessarily a skater, but someone who has done well within the Club; who has shown commitment to the sport.

VOLUNTEER OF THE YEAR AWARD A special award for the Volunteer of the Year is presented in recognition of the special contribution made to the club/skating throughout the previous year.

MEDAL TEST BARS We also expect the medals will have arrived for those skaters who passed medal tests at Upper Hutt in November last year and, if so, these will also be presented.

We hope everyone will attend these presentations to congratulate the recipients on their achievements.

2020 ALL AGES LEARN TO SKATE PATCH CLASSES

Patch Class for new skaters and skaters already in patches 1, 2 and 3. Our learn to skate class for all ages commences Tuesday 11 February from 5.30 – 6.15pm. We are looking forward to seeing everyone back, enthusiastic and ready to go and, also, to welcoming lots of new faces trying skating for the first time.

Patch Squad for skaters who have passed Patch 3 will also commence on Tuesday 11th February 2020 from 6.15pm to 7.00pm. This will be a group lesson taught by some of our private club coaches with a view to skaters gaining medal tests and having the possibility of travelling as a team to League competitions. Skaters in the Patch Squad will also be encouraged to help with the pre-patch skaters during the earlier session.

Patch Off-Skate is a half hour of off-skate fitness designed to complement your skating training. Classes commence on Saturday 15th February from 1.30pm to 2.00pm. The cost for this class is included in your patch term fees.

Patch Skating Skills is an on-skate class that covers basic skating skills, also commencing on Saturday 15th February from 2.00pm to 2.30pm. The cost for this class is also included in your patch term fees.

Our Patch Manager is Tania Agnew who will be available along with our President, Janine Price, to answer your questions.

A big thank you to those people who are giving up their time to coach, manage and administer these classes – without you all we couldn't run them.

GENERAL INFORMATION ABOUT PATCH "LEARN TO SKATE" CLASSES

Clothing Your skater needs stretch clothing to be able to learn to skate properly. Please ensure they are dressed in sports type clothing that will stretch or leotards and tights for the class. There are some second-hand leotards available at the rink for various prices depending on their condition and the material they are made of. Your skater does not have to wear a leotard, but they do need stretch clothing.

Drinks Please ensure your skater brings a drink in a closed drink bottle which they can place on the wall for regular drinks during the class. Skating can be hot work and it is necessary to keep hydrated. It is distracting for everybody if skaters leave the rink to get a drink.

Kitchen Use Skaters attending the "Learn to Skate" (Patch) Class are not allowed to access the kitchen for drinks. It is an adult only area and any children must be accompanied by an adult. If kitchen facilities are used, you must wash and put away all the dishes after use and tidy up after yourselves, wiping up spills on the bench, table and microwave.

Skates Club skates are available free of charge for use at Patch Class. These skates must be returned at the end of each session. Once skaters get to about Patch 3, it is a good idea for them to have their own artistic skates. These are designed to have looser actions to allow for figures and a more supportive boot to help with jumps. There are skates of this type available for hire and a range of second-hand skates for sale. Available sizes change all the time so if you are interested in hiring or buying second-hand skates and have a private coach please discuss the purchase or hire with your coach. If you don't have a private coach, please see the ladies at the desk during "Learn to Skate" class.

Before Class You are welcome to come to the rink around 5.15pm to get your skates on and be ready to start at 5.30pm. However, those skaters on a "Learn to Skate Only" card must remain seated on the reception side of the rink and do not cross the floor to the figures rink until the class has begun. The only skaters allowed on the figures rink before class are those on a full or part card who are training, their coaches and parents/caregivers.

PARENT'S MEETINGS FOR PATCH CLASSES

Parents meetings are held monthly (on the first Tuesday of the month) for the last 10 minutes of Patch Class i.e. commencing 6.05pm. During this time certificates for patch passes are presented, any other news regarding upcoming events, changes to patches and relevant information are conveyed. It is requested that all parents/caregivers attend these meetings to keep up with information that may concern their skater.

The first meeting of the Term 1 will be 25th February followed by 3rd March and 7th April.

Looking Ahead!

Upper Hutt Rollers

2019/20 PRECISION TEAM –

With the hour-long practices over the holidays, such a lot has been learnt. Well done to all of you who were available for the practices.

Now the holidays are over, we revert to practices each Tuesday evening at 5.00pm for half an hour, immediately before Patch Class.

Revolution LARGE SHOW

2019/20 LARGE SHOW TEAM – Great progress has been made over the holidays at the hour-long practices for the “Revolution” large show team. It was heartening to have so many skaters available to participate. Now the holidays are over, we revert to practices each Tuesday evening at 7.00pm for half an hour, immediately after patch squad. If you have missed out on this and are interested in being part of the team, please email Katelyn at katelynrosekennedy@gmail.com to see if she has any vacancies.

Below: Parents enjoy each other's company while the practices are taking place.



2020 NZ ARTISTIC WORLD CHAMPIONSHIP TEAM AND TEAM MANAGEMENT

This is a reminder that these nominations are due with the Artistic Committee Treasurer by the 21st February 2020.

BEACH PARTY DISCO – 15 February 2020

Get organised now and
come along and have fun as
a family or with a group of friends
at our first disco for the year
from 6.30 to 8.30pm
at the Roller Skating Rink.
It is great exercise for all.



LAURIE HASTIE OPEN DAY – 14 & 15 March 2020

The entry forms and schedule for Laurie Hastie have arrived and are posted on the Club's website. These will also be available on the board at the rink. Please note that entries close with UHRSC on Tuesday 25 February.

MEDAL TESTS – 21 March 2020

The Committee are offering the opportunity for skaters to sit Medal One tests on this date. There will be a notice on the board for your entries. Please note that, if time allows, consideration will be given to Medal Two tests as well.

Hear ye! Hear ye! Hear ye!

Are you all remembering to check our website on a regular basis as this is where information becomes available as soon as it is to hand - www.skatewellington.org.nz

PUBLIC SESSIONS

A large part of the income which helps keep the cost of things like patch class down is the income from public sessions. Each family when becoming members has signed an agreement saying that as part of their membership they will help with public sessions. Please be aware that ALL skaters' families must be prepared to help on the roster for public sessions. The committee understands everyone is busy but with everyone doing a little then it is not a big load for anyone. The year is under way and our Saturday public sessions have started. Remember, if you aren't able to do the session you have been put down for, please arrange a swap with someone from another day. The roster is available on –

<https://www.skatewellington.org.nz/mdocs-posts/public-session-roster-feb-april/>

WE NEED MORE OFFICIALS!!!

The NZ Skating Community have found themselves in a position where our current officials are finding themselves in great demand and we need others to help relieve the load. To this end, we are encouraging any skater or parent who has an interest in finding out what is entailed with judging, calculating, marshalling or announcing, to please consider contacting us for more information.

RINK CLEANER(S) REQUIRED

Our cleaners of many years have advised they will not be doing this task in the future. Therefore, we are looking for replacement(s). Anyone who is interested is asked to contact Janine Price to obtain a job description (her number is at the end of this newsletter). There is no reason that this could not be a shared job.

IMPORTANT NOTICES FOR THOSE ATTENDING THE RINK TO PRACTICE

THIS IS A MAJOR!!! There have been a few occasions recently that our rink has not been left in a secure manner, even, on more than one occasion, with the door not locked. Should you happen to be the last person to leave the rink, be it morning, noon or night, please ensure the sound system is turned off, the lights are turned off and the doors are all locked. This is so very important.

TRAINING IN A SOLO SKATER SITUATION We strongly advise that if you are training, you ensure there is at least one other person at the rink in case of any accident. Picture this – *“You're there by yourself and you have a nasty fall (which can happen in freeskating, figures or dance). Your leg is broken; you are unable to get up or get to a phone; the rink surface is cold; you are in pain; shock sets in.....”* there is no need to paint the picture further! Should any of you decide to practice by yourself, be aware you are doing this at your own risk. At any time, if there is an accident, this must be recorded in the “accident register” located in the desk drawer.

RINK FLOOR SWEEPING – Do you want to win a chocolate fish?

ALL MEMBERS are reminded of the need to sweep the rink floor before use. **If, on any day, you are first to arrive at the rink (both main and figures) please ensure you sweep them.** If this is not done, there is a build-up of dust and this is very slippery for the skaters. We must avoid injuries. It is up to everyone to play their part and not leave it for someone else to do. There is a form to sign on the figures rink noticeboard which ensures others know when it has been done for the day. It has been decided that when the sheet is full, it will be cut up so the names from that sheet can be put in a hat for a draw to win a chocolate fish.

COACHES', JUDGES' & OFFICIALS' CORNER

HAVE YOU ALL ATTENDED TO THE FOLLOWING?

NZ National Artistic Seminar 2020 for Judges, Coaches and interested others (skaters & trainers) is on 29th February and 1st March 2020. It will be held at the Hub, 49 Kilbirnie Crescent, Wellington. If you have not seen the Seminar details and registration form, a copy of the flyer and link for registration can be found on our website www.skatewellington.org.nz. Registration closes on Saturday 15 February 2020.

Coaching Timetable The beginning of a new year always necessitates changes to the coaching timetable. ALL coaches must ensure that their coaching timetable is entered into the online calendar immediately. If you have not yet done this, please attend to it urgently. **Remember, if the coaching isn't entered the coach and skater cannot expect any priority. All changes must also be entered before the coaching time (including when coaching is not happening).** This allows skaters coming to train to plan the best use of the rink time. No group lessons can be entered or held without approval from the committee – a group is more than one skater (the only exception is dance pairs). When entering times, coaches must make sure they work around other coaches already in the calendar to ensure the best use of the floor space and music for all.

Coach's Biography Would all coaches, who have not yet done so, please complete your biography and give it to Megan, with a photo, for the information board and so the coaches' pamphlet can be completed.

White System Training For those of you who helped with calculating at our Club Championships, Bruce has offered to run a session on Sunday 16th February from 10.00 a.m. on how to setup the program and enter the events.

Coaches' Session A session for ALL Private Coaches, Patch Coaches and Judges is to be held on Sunday 16th February from 3.00 – 5.00pm at our Rink. This session is for both coach skaters and non-skaters so, where applicable, please ensure you bring your skates. The topic will be ½ jumps.

CALENDAR

2020

15	Feb	"Beach Party" Disco	UH Rink, 4A Railway Avenue, Upper Hutt
29-01	Feb/Mar	National Judges & Coaches Seminar (and Interested Skaters & Trainers)	The Hub, 49 Kilbirnie Cres, Wellington Closes 15 Feb
07	March	Kiwi Skate Day	NZ Wide
07-08	March	Upper Hutt Open Day and CSW	UH Rink, 4A Railway Avenue, Upper Hutt Closes 7 Feb
14-15	March	Laurie Hastie	Arena 3, Pascal Street, PN Closes 25 Feb
21	March	Medal Test 1 (if time allows Medal 2 possible)	UH Rink, 4A Railway Avenue, Upper Hutt
04	April	"Movie Night" Disco	UH Rink, 4A Railway Avenue, Upper Hutt
17-19	April	Central Area Championships	Arena 3, Pascal Street, Palmerston North
30-01	May-June	Jim Taylor Combined Regional Championships (Queen's B'day Weekend)	Arena 3, Pascal Street, Palmerston North
13	June	"Mid-Winter Xmas" Disco	UH Rink, 4A Railway Avenue, Upper Hutt
20	June	League 2 Plus Medal Tests 1 & 2	Arena 3, Pascal Street, Palmerston North
13-18	July	NZ Artistic Roller Sports Championships	Jubilee Stadium, Springvale, Whanganui
22	August	"Disney" Disco	UH Rink, 4A Railway Avenue, Upper Hutt
03-07	September	World Skate Oceania Artistic Championships	TSB Stadium, 1 Rogan St, New Plymouth
31	October	"Scary" Disco	UH Rink, 4A Railway Avenue, Upper Hutt
07	November	League 1 Plus Medal Test 1 & 2	Arena 3, Pascal Street, Palmerston North

CONTACTS

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